

# Chester



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Volume 12 • Quarter 3 • 2013



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## First Selectman's Corner

### Board of Finance Lowers Mil Rate for Fiscal Year 2013-2014

At a Special Town Meeting May 21st residents unanimously approved the Town's general government and Chester Elementary School budgets for the new fiscal year beginning July 1. The Region 4 budget for John Winthrop Middle School and Valley Regional High School were approved by Chester, Deep River and Essex voters at referendums on May 7th.

During preparation of the fiscal year budget the Boards of Selectmen and Finance closely monitored the Governor's and General Assembly's proposals for municipal aid and the possible elimination of motor vehicle car tax revenue. In the end the approved State budget does not include elimination of the local car taxes and restored most of the State aid programs that municipalities rely on to keep their taxes in check. The legislature's Office of Fiscal Analysis estimates that Chester will receive \$996,000 of State aid next fiscal year for education cost sharing and statutory grants; this will be an increase of approximately \$78,830 over current State revenues.

The adopted Chester budget set total expenditures at \$12,328,940 for fiscal year 2013-2014. This is \$419,141 less than this year's budget. Following the Town Meeting the Board of Finance approved a lower mil rate of 21.95, a one-half mil reduction from the current mil rate of 22.45.

Virginia Carmany, Board of Finance Chairman, noted that this decrease is being driven by lower student enrollments at Chester Elementary and Region 4 schools. This trend of declining enrollments is projected to continue in Chester as well as in Deep River and Essex over the next decade.

### 2013-2014 Capital Budget Projects

The capital improvement program is an important component of each year's fiscal budget process. In the capital budget funds are allocated for necessary large infrastructure projects and expensive purchases such as fire and public works vehicles, road reconstruction and Town building renovations. The goal of the capital improvement program is to keep ahead of major cost by saving for them in advance and spreading expenditures over a five year schedule.

For fiscal year 2013-2014 Chester's capital budget is \$647,000. Approximately 57 percent, \$373,620, is new funding and the balance, \$273,580, will come from anticipated



First Selectman Ed Meehan

*continued on page 4*

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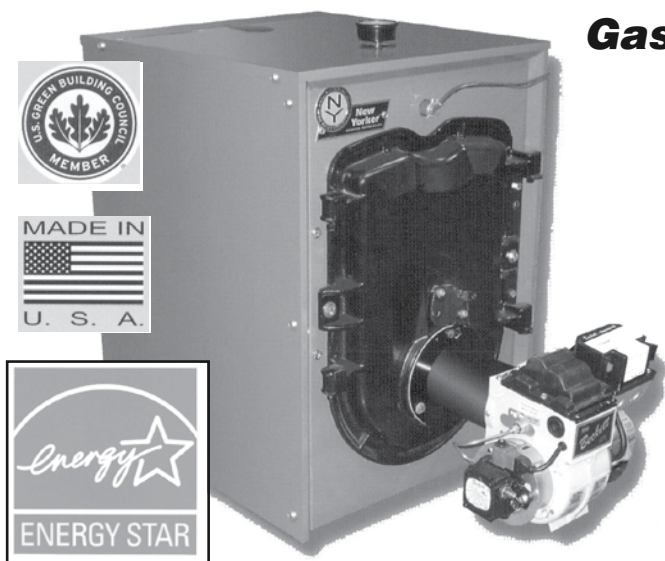
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• *Selectman's Corner continued from page 1* •

2012-2013 budget surplus and reallocation of existing capital fund items.

FY 2013-2014 Proposed Capital Improvement Items:

- Highway Trucks \$42,000
- Main Street \$75,000
- Firehouse Roof \$25,000
- Fire Truck \$50,000
- Police Vehicle \$20,000
- Revaluation \$20,000
- Roads/Sidewalks \$275,000
- Information Technology \$30,000
- Chester Elementary School Roof \$54,000
- Building Repairs and Generators \$56,200

**Town Hall Community Room and Park and Recreation Storage Projects Completed**

Using the insurance proceeds from the 2011 collapse of the Community Center building on Middlesex Avenue the Board of Selectmen and Park and Recreation Commission have completed two projects to replace some of the Community Center's former uses.

First, on the second floor of Town Hall renovations were undertaken to replace two small conference rooms with one large meeting space that will accommodate up to 65 persons. This modern space is designed for the flexible arrangement of chairs, with wall board for presentations and overhead projector. The space will be used by town land use commissions, Town meetings and voting. The new community meeting room is also wired for use as one of the Town's two emergency management centers. The goal of the Board of Selectmen is to move the numerous routine board and commission meetings from the Meeting House to the less costly to maintain Town Hall community room. Two additional improvements on the second floor are the doubling of storage space for Park and Recreation specialty equipment to a 120 square foot room by enlarging an existing closet and moving the food pantry to a new larger 100 square foot room closer to the Human Services office. Both rooms are set up with new shelving to maximize storage and organization.

At Cedar Lake Pelletier Park, a new 420 square foot storage building will be erected to house summer camp and water front equipment, cooking grills will be relocated, new port-o-lets installed, and the old concrete storage utility building removed. This will improve the layout of the north side of the park for summer camp programs.

Both the Town Hall space renovations and Park and Recreation storage projects will come in under the \$193,000 budgeted by Town Meeting approval January 23, 2013.

— *First Selectman Ed Meehan*

*For town updates & information:*

**[www.chesterct.org](http://www.chesterct.org)**

# Animal Control Officer's Summer Report

Summer has arrived and here are a few reminders.

- Dog licenses are due.
- If your dog has passed away, please contact the Town Clerk. We are sorry for your loss.
- All dogs 6 months or older must be licensed in the town they live in.
- Please attach the license to your dog's collar; this will make it easier for us to return your pet as quickly as possible if the pet decides to wander off on its own.
- Remember to keep fresh water available for your pets and a place for your pets to keep cool.
- Postal workers deliver the mail and packages and may come up to your door. Please be aware of where your dog is. Animal bites are painful and costly. If your dog does bite someone, please have your rabies vaccination records in a convenient spot for these will be needed for the officer's report and for the attending physician.
- Barking dogs can be annoying to your neighbors – be kind to your neighbors and keep it under control.

Thank you and have a nice summer!

— Bob Jenkins

## Assessor's Report

The town-wide revaluation for October 1, 2013 is currently underway. Representatives from eQuality Valuation Services will be conducting inspections of properties throughout the summer. They are working their way from the east side of town to the west. All representatives carry identification and have signs on their cars. The revaluation company will only turn information over to the assessor's office in November and notices of the new assessments will be sent out at that time.

Sheila and I would like to remind Chester residents that there are a number of state and local programs providing exemptions or tax relief for those who are seniors, veterans, active duty military, blind, totally disabled, and emergency ambulance and fire personnel. There is also a renters' rebate program. For information regarding eligibility, income requirements, and filing periods for the programs please call our office at 860-526-0013 ext. 512 or visit our office on the second level of the Town Hall. We are open Monday through Thursday 9:00 to 4:00 and close for lunch from 12:00 to 1:00. The office is closed on Fridays.

— Loreta M. Zdanys, CCMAII, Assessor,  
Sheila E. Ahearn, Assessor's Clerk

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## Helping Seniors Transition to a New Chapter

As senior citizens age, their health and lifestyle needs change, sometimes necessitating a change in their retirement living plans. They may grow tired of caring for a large home, or they may face unexpected health concerns that require more daily assistance, or they simply may want a more care-free living environment. Whatever the catalyst, real life changes may need to take place.

While some senior citizens may welcome the move into a smaller home or into an independent or assisted living community, others may be less enthusiastic. They may be hesitant to leave the home where they raised their families, enjoyed their neighbors, or tended to their gardens. They may worry about losing their independence, or about not fitting into their new community.

It is helpful to everyone involved in this transition when there is as much support as possible during this time. This can come from a network of family, friends and caregivers, or from the “welcome teams” found at most retirement and assisted living communities who help residents manage change.

The welcome team at The Saybrook at Haddam retirement and assisted living community in Haddam includes a recently hired, full-time social worker. She offers support and care for residents and their families during the move-in transition, and is able to respond immediately and personally to any other

concerns. She also works to educate families and staff so they can provide the best care (and lifestyle) in their new home.

During this transitional time, experts suggest helping loved ones by focusing on the positive sides of the move. If they are going to a smaller apartment or home, remind them of how much easier caring for their home will be. If they are moving to a senior community, they no longer need to worry about shoveling snow, cutting the lawn, painting the house, or cleaning the gutters. Depending on the community, they may not even have to shop for food or cook meals each day – and they will be able to enjoy a sense of security and peace knowing someone is always nearby if there ever is an emergency.

Celebrate the things that do go well during this time and reinforce that the right living decision was made. Have a card or small “care package” arrive the day your loved one makes the move. If you can, join them for a welcome visit to share lunch or dinner right away (remember to set up a date for the next visit before you leave). Also, if they do move into an assisted living residence, try to attend one or two social events held at the community together.

You are helping them start an adventure, another chapter with new friends, group activities, daily walks and exercise, lectures and classes, and more (perhaps even a new garden).

— Kathy Ryan, Executive Director,  
The Saybrook at Haddam

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## News from Chester Merchants

The Chester Merchants are updating the Chester Brochure this summer. This third edition, designed by Cummings & Good, will retain the format of the existing 32-page brochure. Besides listings of Chester businesses, the brochure also includes photos, maps, directions, municipal information, and a calendar of annual Chester events.



Fifty-thousand copies are printed and distributed in Chester restaurants and shops, in area hotels and inns, and in tourist outlets throughout the state. Printing is scheduled for September, with completion by early October. All information in the new brochure will be utilized in the new [visitchesterct.com](http://visitchesterct.com) website, coming soon!

If you are interested in having a listing in the brochure, or if you simply want to be on the Merchants' email list, write to [chestermerchants@gmail.com](mailto:chestermerchants@gmail.com). The Merchants meet monthly (except July), on the first Wednesday morning of each month, and all are welcome.

The Merchants will host their annual Come Home to Chester evening, the third Friday in September, with gallery openings and special events in the shops in town.

## Thank You from the Tax Office

Once again the Tax Department had an excellent collection rate for the past year, made even more remarkable by an economy still struggling to get on its feet. We thank the citizens of Chester for their cooperation in keeping municipal services functioning.

For those who manage to pay their tax bills on time, we appreciate your flawless support.

For those on a payment plan, please remember to make your monthly payment on time. Like you, we look forward to resolving issues of debt, and encourage you to submit reasonable amounts to finalize them as soon as possible.

For those who are truly struggling financially, please contact this office to discuss your situation. We will work with you to find agreeable solutions. No one wants people to lose their property over unpaid taxes. Possible solutions include agreed upon monthly payments, refinancing your mortgage or getting help from relatives. For your own benefit, do not delay in contacting us.

It is our hope that the coming year is prosperous to us all. With every day that passes, the economy improves, and that helps everyone. Have a great summer!

— Madaline Meyer and Tracey Ohaus

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## Collomore Music Series to Celebrate 40th Season

The Robbie Collomore Music Series celebrates its 40th season in 2013-14. Four concerts are scheduled for Sundays at 5 p.m. in the Chester Meeting House. On Oct. 20, the Attacca Quartet will perform in the Annual Barbara and Edmund Delaney Young Artists Concert. The quartet formed at the Juilliard School in 2003 and has gone on to win several major awards. They are currently the Juilliard School Graduate Resident String Quartet.

Afro-American jazz will be performed by the Lionel Loueke Trio on Nov. 24. Loueke, who has been praised by his mentor Herbie Hancock as a “musical painter,” has performed with many contemporary jazz greats.

In April, a brilliant newcomer to the international piano scene, Kuok-Wai Lio, comes to Chester, followed by TriBeCaStan in May, renowned for their world folk and jazz.

Information about buying a subscription will be mailed to everyone on the Collomore Series mailing list in the summer. A subscription to all four concerts is just \$63 (that’s four concerts for the price of three). Individual concert tickets cost \$21. For students from elementary through graduate school, a subscription for the four concerts is just \$15. A student ticket for just one concert is \$5. All ticket-holders are invited to stay for a reception after the concert to meet the performers.



*Robbie Collomore, who owned Robbie’s soda shop and general store in the center of Chester, was instrumental in founding the Chester Historical Society in 1970 and its Cultural Series (later renamed Robbie Collomore Music Series) in 1974. This year is the 40th anniversary season of the Collomore concerts. (Photo from Chester Historical Society)*

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## Perk on Main at Cedar Lake

The Cedar Lake Snack Shack at Pelletier Park is open for the summer season. The restaurant – Perk on Main at Cedar Lake - hours will be 8:00 am to 3:00 pm seven days a week. Katie Hughes, owner of Perk on Main in Durham and Perk on Church in Guilford, will be offering a new and creative menu that will tempt and satisfy all palates! Stop by and check out the new offerings!



## Valley Baseball Booster Club

The Valley Baseball Booster Club asks for the community's support in raising funds for new baseball and softball dugouts at Valley Regional High School. The players, coaches, and parents are working hard to improve both programs – and the future is looking bright. At present, the playing fields are very exposed to the elements and the shelter of dugouts is long overdue. The athletic programs at VRHS help students recognize that hard work and dedication are the foundations of Warrior Pride. We believe improving the athletic facilities will assist our players in reaching their potential, and further instill pride at VRHS.

Please help us to improve the baseball and softball programs at Valley Regional High School. With your support we hope to have the facilities in place for the upcoming season. Please feel free to contact Grace Petroka with any questions at (860) 767-1588 or at gpetroka@att.net.

Donors will be recognized in the local paper, as well as, at the end of the year banquet. All donations are tax deductible under section 501(c)(3) of the IRS code. Thank you for your support.

— The Valley Baseball Booster Club

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## ***Library Board of Trustees Continues Library Expansion Discussion***

In the past few months, following the two Community Conversations held this winter, the Library Board of Trustees has been diligently considering all options for the future of the Chester Library building. In April, reflecting community interest in preserving the historic building and desire to keep the library in the center of town, we voted to enlarge the building on its present site. Exactly how to enlarge the building, however, is a topic we discuss frequently among ourselves, and with First Selectman Ed Meehan, architect Ken Best of DRA and with members of the Library Expansion Feasibility Study Committee. We all know this is a decision that must be made very carefully, after very thorough study. It's imperative that we get it right.

We continue to hear from residents who are interested in the future of the Library, even Lana Bargnesi, a fourth grader at the elementary school. She did a survey of all the fourth graders, asking them, "Do you think that making Chester Public Library larger should be our number one job?" Lana's theory was that having a larger library would mean "more books and more movies. Wouldn't that be great?" The responses from the fourth graders were overwhelmingly in favor.

This summer, two conceptual expansion plans are at the library for viewing. Please stop in and take a look.

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## ***Avoid Fraud with New Website***

Earlier this month, the Department of Consumer Protection launched a new website that encourages consumers to learn to avoid frauds and scams, and to be informed consumer — at "Every Age, Every Stage."

"Connecticut has always been a leader in protecting consumers from unfair business practices and unsafe goods in the marketplace," Governor Dannel P. Malloy said. "We're taking this opportunity to remind Connecticut residents about the many consumer protections our state offers, and I encourage consumers young and old to visit the new website, SmartConsumer.ct.gov."

The new website, www.SmartConsumer.ct.gov, offers information that is helpful to consumers at varying stages of their lives. The site includes advice on spotting and avoiding scams such as travel fraud, rental scams, pyramid schemes and modeling scams, along with information for stopping unwanted mail, hiring home improvement contractors, and staying safe online.

## SAVE THE DATE

**Friday, September 6, 2013**  
**At the Deep River Historical Society**  
**6:30 – 10:00PM**  
**All Proceeds to Benefit**  
**Tri-Town Youth Services**

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## Family Conversations

Through many years of experience working with seniors and their families, we at Chester Village West have discovered that there is a need to assist adult children with the approach and eventual conversations they will have with their parents and loved ones.

These adult children are usually between the ages of 45 and 60. They are managing work, educating their children, and worrying about their aging parents at the same time. They have many options, but little time to do the research on their own. They need answers in a factual and timely manner.

Through our new "Conversation Starters Program," we offer free consultation services for your family, employees, clients and/or peers. We will provide a balanced approach, whether the family decides to re-locate their parents to a senior living community, or access in-home care. We will help them assess their current situation and streamline the process to give them enough knowledge to make their own decisions. We understand that "knowledge is power." Contact Sara Philpott at 860-526-6800. [www.AConversationStarter.com/CT](http://www.AConversationStarter.com/CT).



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# Chester Library

## **Dig into Reading and Dig up Some Treasure at Chester Library this Summer**

There's a lot going on at your library this summer! The reading incentive program, Dig into Reading, is open to all children, both readers and pre-readers. Children receive reading charts, stickers, and a bookmark and may join at any time during our summer programming schedule. It's a relaxed and rewarding program designed to mesh with your summer plans. Come dig up some good books and "treasure" in your library.

**Stories and Crafts Ages 3-7.** Dig into some good messy fun. Stories, crafts and games are planned for ages 3-7 from Monday, July 8 through Monday, August 5 at 10:30 am. We will be planting in ice cream cones, making treasure bottles and more. A surprise, guest storyteller will make a visit.

**Compost Stew.** What is Compost Stew? Children ages 5-10 can find out Wednesday, July 10 at 3:30 pm when Kellogg Environmental Center and Chester Library invite you to come dig in. Discover how to help your home become green and make a Seed Bomb for your garden.

**Every Body Does Yoga.** Wednesday, July 17 at 3:30 pm, Lynn Eddy will present Every Body Does Yoga, a yoga program for boys and girls age 7-10. What a wonderful, fun way to help your body grow strong. Perhaps you'll learn the downward dig...er, dog.

**A Poet But Don't Know It?** If you dig writing, or would like to learn how to put your special thoughts into poetry, this is a program for you. Wednesday, July 24, at 3:30 pm, Hannah Watkins, a published, award-winning poet, will be at the library to teach poetry writing. This program is open to ages 7-10.

**Crafts for kids age 7-10.** Wednesdays, July 31 & Aug. 7 at 3:30 pm, craft programs in shell sculpture and making sand casts with plaster of paris are planned for 7-10 year old girls and boys. If you love the beach and gathering shells, come dig in with us.

**Farmer Minor and Daisy the Pig: Today Show Guest to Oink it up at Chester Library.** How many pigs like to be read to? Monday, August 12 at 5:00 pm, pig fanciers of all ages are invited to meet Daisy, give her a kiss (!) and help read her a story. We will hear the story of how Daisy became famous and

much more. Having been a guest on the Today show, Daisy is ready for her special appearance at the Chester Library. Dig into refreshments afterward; what else but dirt dessert!

**Book Discussions for John Winthrop and Valley Students.** The library is thrilled to have Sally Murray return to lead these discussions. We invite students to dig into a good book (and pizza!) AND fulfill their non-fiction reading requirements for the summer. Books are available at the library on a first come-first served basis.

**For John Winthrop students, Thursday, July 25 at 5:00 pm:** *The Power Of Habit: Why We Do What We Do in Life and Business* by Charles Duhigg. Why did Rosa Parks achieve fame for her defiant stand when others had taken the same stand before her? What does Target know about you - and use for its own gain? Pizza will be served and we'll be watching to see who eats the pointed end first! A short written reflection about this insightful book will complete this JWMS summer reading requirement.

**For Valley students, Thursday, August 15 at 5:00 pm:** *The Devil in the White City: Murder, Magic and Madness at the Fair that Changed America* by Erik Larson. What do extraordinary architecture, the Gettysburg Address, giant cheese wheels and serial killers have in common? The 1893 World's Fair! Pizza (without giant cheese wheels, sorry) will be provided. Attendance will count as credit towards the summer reading requirement.

REGISTRATION IS REQUIRED FOR ALL PROGRAMS. Please stop in or call the library at 860 526-0018 to sign up. All programs generously funded by the Friends of the Chester Public Library.

**Groundbreaking Reads: an Online Summer Reading Program for Adults.** Why should the kids have all the fun? This summer, grownups will have their own reading program at Chester Library. Called Groundbreaking Reads, it all takes place online, where participants (who must be at least 18 years of age) can register and log in the books they read between July 1 and August 31. Along the way there are prizes to be earned, and virtual raffle tickets (for a final prize drawing) to be acquired. There may even be an occasional random drawing. Ask for details at the library.

*continued on page 13*



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## Septic Tank Pump Out

Chester residents are reminded that the Town ordinance requires septic tanks to be pumped out and inspected every 5 years by a licensed sewage disposal company.

Pumping out and inspection of the septic tank is really preventative maintenance and can save on costly repairs later on. It is much cheaper to pump out the septic tank than to have to replace the septic system later on! If you have questions, please call Lee Vito, Town Sanitarian, 860-526-0013 ext. 206.

• *Library continued from page 12* •

Take some 'toes in the sand, book in the hand' time for yourself this summer. You deserve it...and we'll reward you for it!

**Paperback Book Sale Returns to the Chester Fair, August 23-25.** It's getting to be a tradition! The Friends will be back with prices and selection so tempting that readers will want to fill entire bags with the paperbacks offered by the Friends of Chester Library during the fair. Most books are priced from \$.25 to \$1.00 and all proceeds benefit library programs and collections. Donations of paperbacks (no hardcovers, please) will be gratefully accepted at Chester Library from August 15-22. Volunteers willing to help set up or work at the sale are encouraged to call Diane Lindsay at 526-2443.

**Mark Johnston Book Discussion Series.** Thinking ahead to fall, some interesting and different book discussion programs are planned. Hey Harper: A Classic Contemporary Revisited will be held on Wednesdays, October 2 & 9 from 7:30 -9:00 pm, with a discussion of *Mockingbird* by Charles J. Shields and a viewing of the film, *Hey, Boo*. Participants may want to reread and refresh themselves with Harper Lee's *To Kill a Mockingbird* prior to the programs.

On Oct 16 from 12-1:30 pm, there will be a lunchtime discussion of *The Aviator's Wife* by Melanie Benjamin, a fascinating, fictional character study of Charles and Anne Morrow Lindbergh. Beverages and dessert will be provided; bring your own brown bag.

November 13th, 7:30-9:00 pm brings a discussion of the 2013 Pulitzer Prize winning novel *The Yellow Birds* by Kevin Powers. "Unforgettable in content and style."

All discussions will be led by Marsha Bansavage. Books will be available at the library after Labor Day. Please register for any and all programs by calling the library at 860-526-0018. Readers interested in receiving email notices about these and future book discussions should email the library at [chesterctlibrary@yahoo.com](mailto:chesterctlibrary@yahoo.com) with their request. The Mark Johnston Book Discussion Series is generously funded by the Friends of Chester Public Library

**Summer Library Hours.** Monday, 10-8; Tuesday, CLOSED July 9-Aug 27; Wednesday, 10-6; Thursday, 2-8; Friday 10-6; Saturday, 10-2; Sunday, CLOSED.

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## *The Consumer's Guide to Home Safety for Seniors*

Remaining independent in your home often requires some adjustments or improvements to your home so your home is a safe environment that allows them to function better and more comfortably. These adjustments could range from small changes that don't cost anything and can be modified by the senior their families or caregivers, to more significant home improvements which may require monetary investment and the hiring a contractor. The larger changes to the home may be daunting, but can be a cost-effective method to allow the senior to stay in his or her home. Even middle-aged adults are now implementing design changes to their own homes to create the ideal environment to age place in future years.

The Consumer's Guide to Home Safety for Seniors includes the following useful information:

- An overview of senior-focused home improvements.
- The top 11 home improvements that seniors have made to their homes, as reported by the U.S. Department of Housing and Urban Development.
- What equipment is and is not covered by Medicare.
- Lists of recommendations for changes in each room of the home to provide for safer and better functioning.
- List of recommendations for general changes to the that will help a senior operate better inside the home and feel safer overall
- For caregivers, an additional of safety tips from their perspective

The guide is available at: [www.csa.us/HomeSafetyGuide](http://www.csa.us/HomeSafetyGuide).

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*Rotary member Paul Indorf presents checks to food bank organizer Felice Cressman.*

## Time Out!

A new pilot program, called Time Out! Will be starting, especially for caregivers/guardians/parents of children with special needs is being presented in Deep River. Most caregivers need some "me" time, and they will be treated to 6 - 2 hourly personal enrichment sessions which may include Aromatherapy, Fashion Tips, Chefs Night, Art Night, Music Night, Bowling/Pizza and end with either a dinner at a restaurant, or weather permitting, a cruise on the Riverquest.

The newly relocated My Fair Lady Boutique, and Chaos on South Main Street, Deep River will be collaborating for a special evening for the participants, where a good time will be had by all!

The first six week program will be held in the Community Room of the Deep River Library, Main Street, on a Friday night, 6-8 pm. The presenters are Deep River resident Victoria Taylor, and Essex resident Joy Orr.

The program is being sponsored by the Valley Shore Collaborative, and for more information please either email Victoria Taylor, 860 995 8238 (vtaylor6@juno.com) or Joy Orr, 860 212 0564 (joyorr@comcast.net).

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## Protecting People from Deadly *Listeria* Food Poisoning

Many germs can be spread through food. Some, like *Listeria*, can be deadly. *Listeria* strikes hard at pregnant women and their newborns, older adults, and people with weakened immune systems. *Listeria* can cause miscarriage and meningitis. Most people found to have *Listeria* infection require hospital care and about 1 in 5 people with the infection die. Outbreak investigations tell us what foods make people sick and what needs to change to make food safer and save lives. We have made some progress against *Listeria*, which is the third leading cause of death from food poisoning. However, we can do more to protect people at higher risk for food poisoning and make food safer for everyone. If you, or someone you make food for, are pregnant, 65 or older, or have a weakened immune system, you must be especially careful when selecting, preparing, and storing foods.

- Know your risk of food poisoning.
- Select, prepare, and store food safely.
- Follow the safe food guidelines – Clean, Separate, Cook, Chill – at [www.FoodSafety.gov](http://www.FoodSafety.gov)
- Learn more about how to prevent food poisoning and outbreaks.

### **Listeria is challenging because:**

- When someone eats food contaminated with *Listeria*, sickness or miscarriage may not occur until weeks later when it is difficult to identify which food was the source.
- *Listeria* can contaminate many foods that we don't usually cook, like deli meats, cheeses and sprouts.
- Some foods we might not suspect can be contaminated with *Listeria* and cause sickness and outbreaks, such as cantaloupe and celery.
- *Listeria* is a hardy germ that can even grow on foods that are refrigerated.
- *Listeria* can hide unnoticed in the equipment or appliances where food is prepared, including in factories and grocery stores.

### **We can prevent *Listeria* infections by**

- Identifying outbreaks fast by using special laboratory tests and disease detectives.
- Rapidly finding and removing contaminated food before people eat it.
- Using lessons from outbreaks, including environmental investigations, to make food safer.
- Applying new safety measures for food production, like those included in the Food Safety Modernization Act (FSMA), so that food doesn't get contaminated in the first place.
- Reducing *Listeria* contamination of ready-to-eat meat and poultry products by following USDA guidance.
- Having a robust public health system that provides the tools and resources needed to promote food safety.
- Learning more about which policies and practices work best.

### **For more information, please contact:**

Centers for Disease Control and Prevention  
1600 Clifton Road NE, Atlanta, GA 30333  
Telephone: 1-800-CDC-INFO (232-4636)  
TTY: 1-888-232-6348  
E-mail: [cdcinfo@cdc.gov](mailto:cdcinfo@cdc.gov), Web: [www.cdc.gov](http://www.cdc.gov)



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## *Chester Rotary's "Four on the Fourth" Road Race Invites Team Participation*

On Thursday, July 4, The Rotary Club of Chester will sponsor its 35th Annual "Four on the 4th Road Race". The start time for the race is 9:00 am. This year's event will once again make use of state of the art chip timing by Super Race Systems. The scenic, rolling course that loops its way around and through the quaint Village of Chester is USATF sanctioned and measured.

For a second year a TEAM category has been added for participants. To register as a team the group needs to enter five or more runners/walkers including a designated "Team Captain." Each team must have a "Team Name." Team awards will include Most Participants, Fastest Team and Most Team Spirit. So gather up your family, co-workers and friends to get in on the fun and let your team spirit run! Teams must pre-register by June 30. Visit [www.chesterrotary.org](http://www.chesterrotary.org) for details.

The start time is 9:00 am sharp. In addition to the Team Awards, prizes will be awarded to the 1st, 2nd, and 3rd place female and male runners in all divisions. As in past years, food for participants and spectators will be available. Beer will once again be available at the Rotary sponsored beer tent. Entertainment will be provided by Blues on the Rocks, a genuine blues & classic rock band. This popular event is a Chester tradition that should not be missed!

Entry forms, the link to on-line pre-entry through [www.Active.com](http://www.Active.com) and race information for this year's event are available at the club's website, [www.chesterrotary.org](http://www.chesterrotary.org). The entry fee is \$20. We encourage participants to pre-enter on-line. On-line registration will be open until 9 pm on June 30.

Race day registration for all participants will take place between 7:30 am and 8:30 am at St Joseph's Parish Center on Middlesex Avenue (Rte 154) in Chester. On race day, all entrants will receive an official Chester Road Race T-shirt and a complimentary drink ticket for use after the race. Please note that Main Street in Chester will be closed at 8:00 am on race day. Information, including any detour and parking data will be available on-line at the club's website, [www.chesterrotary.org](http://www.chesterrotary.org).

The Rotary Club of Chester is a 501c(3) not for profit organization. Chester Rotarians are dedicated to providing funding and service to local, national and international charitable organizations including The Chester Community Fund, Camp Hazen, Tri-Town Youth Services, Shoreline Soup Kitchen, Bikes for Kids, Chester Park & Recreation, Chester Boy Scouts, Chester Winter Carnivale, Chester Early Childhood Program, Annual Chester Elementary School Dictionary Presentation and The Citizenship Scholarship Program as well as taking part in providing resources for a variety of international philanthropic ventures including water projects in Niger, Africa and programs to eradicate polio worldwide. Our proceeds from this event support these causes.

— Debbie Alldredge, Chester Rotarian



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# Chester Fife and Drum Corps 1868

## Celebrating 145th Anniversary

Welcome to the summer of 2013. Here is hoping that this summer is really a summer and not a winter that never ended. I would like to start off by giving you a little bit of history about our Corps and Corps in general. As you all know by now, Chester Drum Corps was established in 1867 but was put on the road in 1868. This Corps has continuously been playing our music since the beginning with no time taken off for good behavior. We have gone through many uniform changes and are now in our fourth or fifth uniform in 144 years. We now sport a more easily manageable colonial white shirt, colonial vest and Tricorn with medallion on it. We play on wooden colonial drums and 6-hole fife in the key of B flat.

A little background on fifes and drums: A fifer and a drummer were officially and necessarily attached to each company in both European and American military forces in colonial times. While in camp, they sounded all the duty calls, such as dinner time, reveille, taps. In the field, on maneuvers or in battle, they signaled movements and actions ordered by the officers, such as forward, retreat, fire.

The earliest American reference to the massing of fifers and drummers under the leadership of a fife major or drum major occurs in George Washington's general orders for August 23, 1777, wherein he not only orders the massing, but specifies how they will look or act. So much for ANCIENT history, now back to the future.

Our drum line is surging, however our fife line needs more players, but if you do not want to play, we also need members in the Color Guard to carry our colors. We do teach drum lessons, fife lessons and how to march in unison. We are still practicing at the Company of Fifers and Drummers in Ivoryton, CT for the time being until we can get a home back in Chester. We also have a summer schedule as noted below.

June 14 – Flag Day Ceremony at Elks 771 start at 5 pm  
 July 4 – Provincetown, MA  
 July 16-19 – Junior Fife and Drum Camp Week  
 July 19-20 – DRAM National Muster  
 July 21 – Company Meeting  
 July 27 – Civil War Troopers Muster, Montgomery NY  
 August 6 – Company of Fifers and Drummers Ivoryton Concert  
 Aug 11 – VJ Day Parade in Moosup  
 August 24 – Westbrook Muster  
 August 31 – Clinton 350th Celebration  
 November 3 – CT Veterans Parade Hartford, CT

### Summer Practice Schedule:

6/3/13 - Chester Gazebo at the Meeting House  
 6/10/13 - Cedar Lake  
 6/17/13 - North Quarter Park  
 6/24/14 - Gazebo  
 7/1/13 - Cedar Lake  
 7/8/13 - North Quarter Park  
 7/15/13 - Gazebo



*Happy 145th Anniversary – Chester Fife and Drum Corps.*

7/22/13 - Cedar Lake  
 7/29/13 - North Quarter Park  
 8/5/13 - Gazebo  
 8/12/13 - Cedar  
 8/19/13 - North Quarter Park  
 8/26/13 - Gazebo

So please come and see what we are about, do and play. We will also be spending some time at Cedar Lake and North Quarter Park.

If you are interested in becoming part of history and are interested in joining our corps, please feel free to call me at 860-691-1735 or call our corps President at 860-526-2178.

Just as a reminder, we are neither a Junior nor Senior Corps. We are a family oriented organization and intend on remaining so.

Better yet, come on down and see what we are about. We practice from 6:30 till 8:00 p.m. at the Company of Fifers and Drummers in Ivoryton, CT, every Monday night. Please call ahead to verify our practice nights just in case schedules change. Summer practice nights may vary depending on our schedule. Hope you have a most enjoyable spring and summer. Hope to see you at a muster or at a parade.

— *Frenchy Cordeau, Business Manager and Drum Major*

## Help Wanted

Events Magazines is growing and looking for several good sales people. Generous commissions, flexible hours and friendly working conditions. Please fax your resume to Events Magazines at 860-767-0259 or e-mail [wmmcinn@essexprinting.com](mailto:wmmcinn@essexprinting.com).

## Chester Parks & Recreation

203 Middlesex Avenue, Chester, CT 06412  
860-526-0013 extension 223, [parkrec@chesterct.org](mailto:parkrec@chesterct.org)

Visit our website at: [http://chesterct.org/?page\\_id=476](http://chesterct.org/?page_id=476) for program availability, registration forms, and changes in life-guarded hours at Cedar Lake.

The Town Beaches on Cedar Lake are scheduled to open for the 2013 season from June 15 through August 18, 10:30 am until 6:00 pm. Hours may vary according to staff availability, training, weather, or special programs. Access to the Town parks, including the beaches on Cedar Lake, is by permit only. Non-resident passes are available at Pelletier Park during operating hours for \$65 per household. Chester residents may enter the Pelletier Park staffed facility by showing a driver's license, or other proof of residency or taxpayer status with identification. Groups of 10 or more must make reservations in advance and submit a certificate of liability insurance.

The Parks and Recreation Department would like to remind parents to please watch your children while they are in the water, and do not leave them unattended at the facility. Drowning is the second leading cause of trauma deaths for ages 1-19 years old and the third leading cause of ALL deaths of children 0-4 years of age. We would like all patrons to realize that no one is permitted in the water if they are under the influence of drugs or alcohol, or while they are chewing gum or eating. Please remember that head first entries are not permitted. This includes throwing children into the water. Head-first entries are the leading cause of sports related spinal injuries.

## Library Expansion Discussions

In the past few months, following the two Community Conversations held this winter, the Library Board of Trustees has been diligently considering all options for the future of the Chester Library building. In April, reflecting community interest in preserving the historic building and desire to keep the library in the center of town, we voted to enlarge the building on its present site. Exactly how to enlarge the building, however, is a topic we discuss frequently among ourselves, and with First Selectman Ed Meehan, architect Ken Best of DRA and with members of the Library Expansion Feasibility Study Committee. We all know this is a decision that must be made very carefully, after very thorough study. It's imperative that we get it right.

We continue to hear from residents who are interested in the future of the Library, even Lana Bargnesi, a fourth grader at the elementary school. She did a survey of all the fourth graders, asking them, "Do you think that making Chester Public Library larger should be our number one job?" Lana's theory was that having a larger library would mean "more books and more movies. Wouldn't that be great?" The responses from the fourth graders were overwhelmingly in favor.

This summer, two conceptual expansion plans are at the library for viewing. Please stop in and take a look.

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## *Today is Tomorrow's History – What's New with Chester Historical Society*

Love Chester? Want to learn more about its history? The Chester Museum at The Mill, now open for its fourth season, is the place to go. And it's free, air-conditioned and handicapped accessible! You can stop in on Saturdays and Sundays between 10 and 4 through October. There's something to interest everyone, even the kids. Our new exhibit is all about Chester's early transportation. How many trains a day used to take Chesterites to Hartford or Old Saybrook? Which roads were the first ones in Chester? You'll learn if you come to the museum. And that's only the first-floor exhibit – there's more on the second floor!

**Membership.** Approximately 400 people support the Historical Society's ongoing mission to share Chester's rich history through exhibits and programs for all ages. Annual renewals have been mailed to current members. If you are not already a member, isn't it time to become one? Annual dues for members are \$30 (family) and \$20 (individual). New membership forms are at the museum or can be mailed to you by leaving your name and address at [info@chesterhistoricalsociety.org](mailto:info@chesterhistoricalsociety.org).

**Looking Ahead.** We'll be at the Chester Fair with a small exhibit in our Society building. Our 10th Antiques Appraisal will be Saturday, Nov. 9, at St. Joseph's Parish Center.

**Staying in Touch.** Our monthly e-newsletter gives information about Society activities and items in our archives of Chester history. If you'd like to receive the newsletter, send your email address to [info@chesterhistoricalsociety.org](mailto:info@chesterhistoricalsociety.org). All addresses are kept confidential.



*Just an ordinary day in Chester Center in 1913, photographed by Hugh Spencer, and on exhibit at the Chester Museum at The Mill. A horse-drawn cart is parked in the center of town. Just up from the wagon is a gas pump. Also nearby is the stone wall, with "Chester" spelled out in white stones, where the trolley stopped during the years it served Chester.*

## *Estuary Council*

**ESTUARY COUNCIL OF SENIORS, INC.** has been serving seniors in the nine-town Estuary region for 38 years. Call us to receive our *Gazette Newsletter* or go to [www.ecsenior.org](http://www.ecsenior.org) for our online newsletter, events calendar, menu, and more.

**MEALS ON WHEELS** – hot meals delivered to your home. Call Diane at 860-388-1611. A \$3.00 donation request for those aged 60+. Meals are supported by Senior Resources Agency on Aging with Title III funds available under the Older Americans Act.

**CAFÉ MEAL SITES** - Clinton, Old Lyme, Old Saybrook, Westbrook (Thursdays). Reservations required by calling 860-388-1611 by 11 am, 24 hours in advance.

**STAN GREIMANN ESTUARY MEDICAL OUTPATIENT TRANSPORTATION** For medical appointments, to any medical location beyond the nine-town estuary region. Call Judy at 860-388-1611. Suggested donation of \$35 for a roundtrip Doctor appointment up to 5 hours. Suggested donation of \$70 for appointments over 5 hours.

**CLASSES AND ACTIVITIES:** Board Games, Billiards, Ping Pong, Yoga, Exercise Classes, Mah Jongg, Wii, Cribbage, Writer's Group, Book Club, Quilter's Group, Needlecrafters, Hand and

Foot, and more! Check the Gazette for all of our programs.

**ESTUARY THRIFT SHOP:** Open 10 am - 3:45 pm, Monday - Friday; 9 am - 1 pm on Saturdays. Clothes (men, women, and children), kitchen items, crafts, and more available. Donations are accepted and volunteers always needed.

**THE MARSHVIEW GALLERY AT THE ESTUARY:** Open daily 8 am - 4 pm, and from 9 am - 1 pm Saturdays. The art on exhibit changes monthly and highlights the talents of local artists from along the shoreline. The artists donate a portion of their art sales to the Estuary Council of Seniors. An artist's reception is held the second Friday of each month from 5 - 7 p.m. Refreshments are served, and a door prize is drawn each month. All ages are welcome. Call 860-388-1611 for information.

**DONATE YOUR CAR OR BOAT TO THE ESTUARY COUNCIL** - Turn your car or boat into a tax deduction by calling: 1-800-716-5868. Proceeds benefit the vital services we provide for seniors in the nine-town Estuary Region.

**VOLUNTEER OPPORTUNITIES:** Call Judy at 860-388-1611.  
**SAVE THE DATE** for our Annual Autumn on the Dock Auction - September 21st.

## Energy Task Force

### Dehumidifiers

Room dehumidifiers can prevent the growth of mold in your house. The downside is that they consume an enormous amount of energy in the summer so it is important to make sure they are working as efficiently as possible.

Several measures are really obvious:

1. Close all doors and windows in the room where you run your dehumidifier.
2. Make sure the air can circulate freely; allow at least 12 inches of space around it.
3. Make sure the filter, the coils, and the collection pan are clean.
4. If the temperature in the room is lower than about 60F, check to make sure you don't have frost or ice buildup on the coils.
5. Run your dehumidifier only when humidity levels are higher than 50 percent. Be cautious about trusting the humidity controller in the dehumidifier; these are notorious for not working correctly. Instead, purchase a separate humidity indicator. Even though the cheap ones may only be accurate within 10%, they tend to be fairly reliable in the mid-range of 40% to 80% relative humidity. Adjust the setting on the machine so that it doesn't run when the relative humidity is less than about 50%.<sup>7</sup>

Still concerned? Check the efficiency of your machine. A really good "ENERGY STAR" dehumidifier can condense at least 2 quarts of water using 1 kWh of electrical power, under laboratory conditions. You should be able to condense at least half as much, i.e. a quart for every kWh. To measure the power, borrow one of the "Kill-a-Watt" meters from the Chester Public Library. You can also use the information to calculate how much it is costing you to run. You are probably paying about \$0.20 per kWh. If the efficiency of your machine is way off, check steps 1 through 5 above, suspect the humidity controller, and maybe consider repair or purchasing a new "Energy Star" machine.

## Chester Town Hall

203 Middlesex Ave., Chester, CT 06412

Ph: 860-526-0013 • Fx: 860-526-0004

### Town Hall Hours

Monday, Wednesday, Thursday:

9:00 AM - 12:00 PM, 1:00 PM - 4:00 PM

Tuesday: 9:00 AM - 12:00 PM, 1:00 PM - 7:00 PM

Friday: 9:00 AM - 12:00 PM

[www.chesterct.org](http://www.chesterct.org)

### Chester ~ Sweeping CT River Views



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# 9 TOWN TRANSIT



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Connections to Southeast Area Transit buses in New London,  
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and CT Transit Hartford in Middletown

**Call 860.510.0429**

**[www.9towntransit.com](http://www.9towntransit.com)**



9 Town Transit is Operated by the  
Estuary Transit District

# Teenzone

Teenzone is a self esteem program for young ladies aged 13-17 (sometimes 12-18). It is an 8 week program, designed to help girls learn practical life skills, take pride in their actions and help them navigate the world they are living in, and also to make new friends.

Victoria Taylor, a Deep River resident is the founder/facilitator of the group. She asks professionals in the community to help within their areas of expertise. The last program was held on the Shoreline, and 9 girls graduated with a special dinner at La Vita Gustosa in nearby East Haddam. The owner Jacquie Cacace designs a menu with the girls in mind, so they can use their etiquette techniques learned in one of the classes.

One of the sessions, Hair Care, the girls were treated to hair make overs by the professional staff of A Style Above Hair Designs of Chester. Each girl was given an evaluation, and a goody bag of professional hair products was donated to each girl, courtesy of the Style Above hair stylists, to enable them to keep their hair healthy and their new styles. In the future, Rachel Carr of 6 Main Restaurant, will talk to the girls about healthy eating habits, expanding their knowledge of healthy food choices.

The sessions are weekly, 1½ hours each for 8 weeks, and the girls are asked to commit for the full course, to given them a wide array of life skills knowledge.



Teenzone has a brochure ([www.teenzonect.com](http://www.teenzonect.com)) designed by Amy Giroux, of ADG Graphic Design of Chester, who also helps with updates as necessary. Without the help of the community it would be almost impossible to give the girls the expert knowledge that they need. Victoria continues to look for more businesses and professionals who will share their experiences and make a difference in the lives of these teenagers.

For more information about Teenzone please , visit [www.teenzonect.com](http://www.teenzonect.com). Victoria would be happy to talk professionals with a view to possibly expanding the course topics.

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# Chester Rotary 43rd Annual Lobster Festival

The Rotary Club of Chester will host its 43rd annual Lobster Festival at the Chester Fairgrounds on Saturday, September 7, 2013. Tickets are on sale now!

The event is highlighted by classic double entree dinners featuring Twin Lobster, Twin Steak, or Surf and Turf. Traditional sides include corn on the cob, baked potato, coleslaw and rolls. The gates will open at 4:00 pm for table decorating and general admission. Dinners will be served from 5:00 pm and continue until 7 pm. Soft drinks, bottled water, draft beer and wine are available for sale throughout the night. The bands Bittersweet Harmony, Flying Blind & Second Chance return to entertain with classic tunes until closing at 10:30pm.

Admission tickets for double entrée meals are \$40 in advance, \$45 for remaining tickets at the gate. Single entree

dinner tickets are \$30 in advance and \$35 at the gate. Children's hot dog meal tickets are available at the gate for \$5. Purchase tickets from any Chester Rotarian and from selected Chester merchants. Tickets are also available for purchase on-line at [www.ChesterRotary.org](http://www.ChesterRotary.org).

Access to the Lobster Festival is restricted to dinner ticket holders. Seating is limited. This event has been a sell out for the past several years so be sure to get your tickets early! For additional information please visit [www.ChesterRotary.com](http://www.ChesterRotary.com) or call Angie at 860-204-2426.

Chester Rotarians are dedicated to providing funding and service to local, national and international charitable organizations. All proceeds from this event support these causes.

— Debbie Alldredge, Chester Rotarian



## Summer Fair Schedule



<b>Sailfest</b> , New London	July 12-14
<b>Bluefish Festival</b> , Clinton	July 19-20
<b>Shoreline Wine Festival</b> (Bishop's Orchard, Guilford)	August 10
<b>Hamburg Fair</b>	August 16-18
<b>Chester Fair</b>	August 23-25
<b>Haddam Neck Fair</b>	August 30
<b>Guilford Fair</b>	September 20-22
<b>Durham Fair</b>	September 26-29
<b>Berlin Fair</b>	October 4-6

## Be Active

Many people have a hard time staying motivated to be active for reasons thinking they have to do it. If you are one of them, try to slowly change your mentality. Don't become active because you have to, don't do it because you're "supposed to", be active to...get better control of your weight, have a more toned look, and build stronger muscles. Be active to have more energy for fun times such as hanging out with your friends. Be active to make friends who share similar interests like dancing, sports, or other activities. Be active to improve your mood and ability to focus. When you focus on the positive outcomes of a physically active lifestyle and the benefits of it, you will have more motivation to exercise, eat healthy and do body work. You don't have to do boring exercise routines to be energetic. Fun activities can be good for you too! Just get up and move! Be active for 60 minutes a day (You don't have to do it all at once) enjoy the outdoors with activities like hiking, walking, jogging, and gardening. Start a walking group, find a school track, or go to a local park. Pitch in to help keep our beautiful parks clean and usable. Park your car farther away from the entry to the building. Walk around the mall during off-peak hours.

Stay active indoors too! Sit less while watching TV, gaming, and surfing the web; these activities are fun but inactive, so spend less time in front of the screen. When you talk on the phone don't sit, walk around instead. Try taking more stairs. Recruit others to be active with you, which will help you stay interested and be safe. Be active with your friends to support each other and make moving fun, have a dance party.

Also, consider signing up for a fun exercise class, like salsa or zumba together. Take fun fitness classes. Explore options you never thought about, and stick with what you enjoy.

When healthy eating or physical activity has become part of your routine, you need to keep things interesting to avoid slip-ups and find ways to cope with what life throws at you. Add variety which will keep you motivated; mix up your routine with new activities, physical activity buddies, foods, recipes, and rewards and remember to plan ahead to avoid setbacks. For example, find other ways to be active in case of bad weather, injury, or other unusual situations. If you do have a setback, do not give up! Setbacks happen to everyone, regroup and focus on meeting your goal as soon as you can. Challenge yourself! Revisit your goals every four weeks and think of ways to expand them. For example, if you are comfortable walking 5 days a week, consider adding strength training twice a week. If you have successfully limited your saturated fat intake, try cutting back on added sugars too.

Change is always possible and a person is never too out-of-shape, overweight, or old to make healthy changes. Make your new healthy habit a priority. Pick one health goal you want to accomplish and practice that. Practice will make you a master, just remember to practice it perfectly and you will feel better and look great this spring and summer season.

Enjoy your active and healthy spring everyone!

— Maryla Radziszewski, LMT, CPT  
moreFIT LLC Proactive Health Care



## Essex Printing Winner In New England Regional Awards of Excellence Competition

The announcement was made April 4 during PINE'S Industry Awards Gala with hundreds of industry professionals in attendance. PINE'S Awards of Excellence Competition attracts over 200 entries from 41 printing and imaging companies across New England competing in a variety of printing and graphic communications categories.

Essex Printing won Awards of Recognition for the printing of Essex Savings Bank's 2013 calendar. A panel of judges with extensive experience in printing and print production examined a wide range of work submitted. Each entry was judged anonymously on its own merit in a category with similar printed pieces.

"We are very proud to have won this competition because it confirms our commitment to our clients that we provide an outstanding level of quality printing," said William McMinn, President of Essex Printing and Events Magazines.

For more information please contact Essex Printing at 860-767-9087.



## *Main Street Bridge Replacement Project*

On April 18th the Board of Selectmen endorsed the Main Street Project Committee's recommendations for the design layout of the Main Street Replacement Bridge scheduled for construction by the Connecticut Department of Transportation in January 2016.

In conjunction with the preparation of the Chester Village and Center District Master Plan the Main Street Committee discussed several bridge layout concepts with the goal to expand sidewalk width for better pedestrian access and safety. Additional Committee concerns are that the appearance of the bridge's walls and that the deck's construction materials are consistent with the quality of the center district's streetscape design guidelines.

The Board of Selectmen contacted the Department of Transportation and requested their cooperation and commitment to use the Main Street Committee's recommended bridge design layout. First Selectman Meehan stated the Main Street replacement bridge is an integral part of the village streetscape, a highway style design would not be compatible with the Master Plan's vision for the center business district.

First Selectman Ed Meehan praised the Main Street Committee's work and vision. Committee members met 17 times and held two workshops to engage public comments, giving over 1000 hours of their volunteer time, to prepare the Chester Village and Center District Master Plan. This Master Plan will guide project phasing and will serve as documentation for grant applications over the next several years.

## *Chester Sunday Market*

Chester Sunday Market is a weekly farmers' market and town-wide celebration of our community. Our market promotes economic relocalization – bringing the focus and energy back home – by maximizing the sale and use of regional produce and products. We feature only Connecticut-grown agriculture, locally-produced food and regionally-made delights. Each week we unite and engage our small town by highlighting community organizations, local musicians and chefs, as well as our vibrant Chester businesses.

The marriage of Chester's lovely streetscape with this town-wide gathering and market place creates a compelling and unique destination for our residents and visitors alike.

The centerpiece of our market is the Chester Sunday Market tent, staffed each week by volunteers from our community. Want to learn about herb gardening or how to get your tomatoes to grow? Need a recipe for that seasonally-perfect produce you just bought or directions to the river, or the state forest? Simply stop by and ask, or just say hello, and while you're doing that don't forget to enjoy one of our infamous Sunday Market Smoothies!



Chester Sunday Market runs from June through early October from 10 am to 1 pm in downtown Chester. For more information go to <http://chestersundaymarket.com>.

## **United Church of Chester Vacation Bible School**

It's not too late to register! Vacation Bible School is being held August 19 – 23th, from 9am to 12 noon. Children 4 years through 5th grade are welcome! Volunteer opportunities are available for youth in 6th grade and older. Registration donation request: \$20 per child; Family cap \$50. Vacation Bible School is open to the public. For more information, please call the church office at 860-526-2697. To register your child, please stop by the church office: 59 West Main Street, Chester.

## **Come Home to Chester Days**

The arrival of autumn will be celebrated by the Merchants of Chester on Friday, Sept. 20, from 5:00 to 8:00 pm in Chester Center. This will be the 23rd "Come Home to Chester" event, with art gallery openings and special receptions in stores and restaurants throughout the center of town. For further information, contact Sosse Baker at Chester Gallery, 76 Main St., or call her at 860-526-9822.

# Calendar of Events

Reminder: Dates and times of events and meetings may change. Please be sure to check the town hall bulletin board or website [www.chesterct.org](http://www.chesterct.org) before attending.

July 11	Planning and Zoning	Town Hall	7:30 pm
July 15	Zoning Board of Appeals	Town Hall	7:30 pm
July 16	Board of Selectmen	Town Hall	7:00 pm
July 17	Water Pollution Control Authority	Town Hall	7:00 pm
	Board of Fire Commissioners	Hose Company	7:30 pm
July 18	Board of Finance	Town Hall	7:30 pm
July 23	Main Street Project Committee	Town Hall	7:00 pm
August 5	Inland Wetlands Commission	Town Hall	7:00 pm
August 6	Board of Selectmen	Town Hall	7:00 pm
	Harbor Management	Town Hall	7:30 pm
August 7	Conservation Commission	Town Hall	7:30 pm
August 8	Planning and Zoning	Town Hall	7:30 pm
August 12	Economic Development	Town Hall	7:15 pm
	Energy Task Force E-Team	Town Hall	9:00 am
August 13	Chester Land Trust	Town Hall	7:00 pm
	Main Street Project Committee	Town Hall	7:00 pm
August 15	Board of Finance	Town Hall	7:30 pm
August 19	Zoning Board of Appeals	Town Hall	7:30 pm
August 20	Board of Selectmen	Town Hall	7:00 pm
August 21	Water Pollution Control Authority	Town Hall	7:00 pm
	Board of Fire Commissioners	Hose Company	7:30 pm
August 26	Retirement Committee	Town Hall	7:30 pm
August 27	Main Street Project Committee	Town Hall	7:00 pm
September 2	Town Offices Closed		
September 3	Board of Selectmen	Town Hall	7:00 pm
	Harbor Management	Town Hall	7:30 pm
September 4	Conservation Commission	Town Hall	7:30 pm
September 9	Energy Task Force E-Team	Town Hall	9:00 am
	Economic Development	Town Hall	7:15 pm
	Inland Wetlands Commission	Town Hall	7:00 pm
September 10	Chester Land Trust	Town Hall	7:00 pm
	Parks and Recreation Commission	Town Hall	7:15 pm
	Main Street Project Committee	Town Hall	7:00 pm
September 12	Planning and Zoning	Town Hall	7:30 pm
September 16	Zoning Board of Appeals	Town Hall	7:30 pm
	Library Board of Directors	Chester Library	7:30 pm
September 17	Board of Selectmen	Town Hall	7:00 pm
September 18	Water Pollution Control Authority	Town Hall	7:00 pm
	Board of Fire Commissioners	Hose Company	7:30 pm
September 20	Board of Finance	Town Hall	7:30 pm
September 24	Main Street Project Committee	Town Hall	7:00 pm

# Middlesex Institute of Lifelong Education – MILE

MILE was established in 1993 to provide stimulating educational experiences for adults 50 and over. Sponsored by Middlesex Community College, it is an all-volunteer non-profit organization with programs on a wide range of topics. For \$60.00 members can attend 7 weeks of programs in the fall and 8 weeks in the spring. These may include field trips, and MILE also offers an annual week-long trip.

MILE Open House/Orientation will be held on September 12 in Chapman Hall starting at 1:00 pm to introduce the programs planned for September 3 through November 15. Bring a friend. Our website is [www.mileonline.org](http://www.mileonline.org). E-mail: [mile-atchapman@gmail.com](mailto:mile-atchapman@gmail.com).

– Joanne S. Rocznik, Mile Publicity Chairman

*"I look forward to seeing Events Magazines. Covers are vivid with great color and town appropriate – you do a great job!"*

**– Jerry Pope Sr., Niantic, CT**

## Chester - Community Listings

### CLUBS AND ORGANIZATIONS

Chester Land Trust . . . . . (860) 526-2619  
 Chester Fair . . . . . (860) 526-5947  
 Chester Democratic Town  
 Committee . . . . . [www.chesterctdems.com](http://www.chesterctdems.com)  
 Chester Garden Club . . . . . (860) 526-2998  
 Chester Historical Society . . . . . (860) 526-5781  
 Chester Merchants Association  
 . . . . . [www.visit-chester.com](http://www.visit-chester.com)  
 Lions Club . . . . . [deepriverchesterct.lionwap.org](http://deepriverchesterct.lionwap.org)  
 Deep River and Chester VFW . . . . . (860) 526-3521  
 Tri Town Youth Services Bureau . . . . . (860) 526-3600  
 Chester Meeting House . . . . . (860) 526-0013

### LIBRARY

Chester Public Library . . . . . (860) 526-0018

### POST OFFICES

Chester Post Office . . . . . (860) 526-2780

### SCHOOLS

Superintendent of Schools  
 District 4 . . . . . (860) 526-2417  
 Chester Elementary School . . . . . (860) 526-5797  
 John Winthrop Middle School . . . . . (860) 526-9546  
 Valley Regional High School . . . . . (860) 526-5328

### USEFUL NUMBERS

Consumer Protection . . . . . (860) 566-2294  
 Middlesex Community Foundation . . . . . (860) 347-0025

### WORSHIP SERVICES

St. Joseph's Roman Catholic Church . . . . . (860) 526-5495  
 Congregation Beth Shalom - Temple . . . . . (860) 526-8920  
 United Church of Chester . . . . . (860) 526-2697

## FREE AND OPEN TO THE PUBLIC

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For more information:  
[www.EHSCO.org](http://www.EHSCO.org) or 860-873-3521

*Presented by the East Haddam Economic Development Commission and the East Haddam Stage Company.*

*Sponsored in part by:  
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**Tuesday Family Style Pasta Nights**

**Sunday BBQ Picnics**

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# SPOTLIGHT!

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An online guide for exploring senior living options with your parents.

Call **860. 532. 0536**

or visit

**www.AConversationStarter.com/CT**

For a schedule of our informational events visit our website  
**www.ChesterVillageWestLCS.com**



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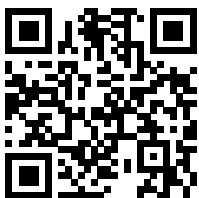
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 Chester, 203 Middlesex Avenue, 860-526-0000 • Madison, 99 Durham Road, 203-318-8611  
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